

OCCA Puts Carbon Footprint Book in Local Libraries

In conjunction with its planning of a community outreach program, the Otsego County Conservation Association is sending each library in the county a copy of the book, “Low Carbon Diet: A 30 Day Program to Lose 5000 Pounds.” The program is designed to reduce the carbon footprint of an individual or family. It encourages people to get together with other community members to discuss ways to reduce energy use, thus saving money while diminishing both the local and global impact of their energy use.

“It is our hope that local libraries will make the book available for short-term loan, and especially available to persons wishing to participate in this program,” said OCCA president Martha Clarvoe.

Clarvoe encourages anyone wishing to form an eco-team with friends, family, or neighbors to contact OCCA.

“We would be happy to share our experiences with the Low Carbon Diet with all eco-teams in the county and we would also be interested in hearing about the experiences of others,” Clarvoe said.

“Low Carbon Diet” may be purchased through OCCA for \$15.00 by calling Clarvoe at 547-4488 or 547-4020. More information on the Low Carbon Diet can be found at www.occainfo.org.

