



PRESS RELEASE

For Immediate Release: June 14, 2010

Bicycling Education Course on July 16-17 and August 13-14

COOPERSTOWN – Dennis Savoie, a League Cycling Instructor (LCI) trained and certified by the League of American Bicyclists, will be teaching a Traffic Skills 101 bicycling education course this summer.

The first two-session course will be held on Friday and Saturday, July 16 and 17. The same two-session course will be repeated on Friday and Saturday, August 13 and 14. Both will be held in Cooperstown at the Bassett Hall Chapel on Beaver Street.

Traffic Skills 101 is an intensive nine-hour course designed to give cyclists the confidence they need to drive their bicycle safely and legally in traffic.

Part one of each course, on Friday from 6-9 p.m., is a classroom session.

Part two, on Saturday from 8 a.m. to 3 p.m., begins in the classroom, proceeds to the parking lot for safety drills and crash avoidance techniques, and then concludes with a group bike ride in traffic.

A take home, open-book test will be administered at the end of the course.

The registration cost of \$40 includes a student manual. A properly tuned bicycle and properly fitting helmet are required.

Pre-registration is required by calling Dennis Savoie at 607-547-5334 or by e-mailing densav@verizon.net. For more information, visit <http://www.bikeleague.org/cogs/resources/findit/?courses=1&state=NY&submit.x=22&submit.y=12>

Otsego Regional Cycling Advocates (ORCA), a committee of the Otsego County Conservation Association, encourages cycling enthusiasts to participate in this course with Savoie, who is a founding member of ORCA. ORCA's mission is to promote bicycling as an enjoyable, safe, healthy, environmentally-friendly activity for people of all ages and abilities. Visit www.occainfo.org/ORCA.htm for more information.